

Community Chest Application Summary 2016/2017

Local Authority	St Edmundsbury Borough Council
Organisation	YMCA Suffolk
Amount Requested	<i>Yr1 - £47,977 / Yr2 £47,977 £95,954 over two years</i>
Total Project Cost	£95,954
Match Funding	£10,000 fundraising
Partnerships	Schools
West Suffolk Bid?	No

Key Points

- YMCA Suffolk supports children, young people and families locally by delivering programmes and achieving positive outcomes. The services provided include accommodation services for sixteen to twenty five year olds, health and wellbeing programmes, childcare and youth.
- YMCA Suffolk are seeking funding over two years to deliver an outreach youth hub using the On the Spot van. It will give young people opportunities to gain advice, engage in fun activities with peers, make new friends, take part in new activities, signposted to further organisations and make a difference in their community.
- The project will deliver outreach youth work; where young people can seek information regarding sexual health, housing, drug and alcohol misuse as well as opportunities to play games, mix music, play outdoor sports and more.
- There will be an additional open access youth led volunteering project engaging young people in practical social action which makes a difference to others, creating positive change for themselves and their community. Activities range from developing local volunteering opportunities, intergenerational activities, instigating change through fundraising and non-political campaigning / advocacy.

**St Edmundsbury Borough Council
Community Chest Grant Application Form
Part A**



Community Chest funding supports voluntary and community groups who make a contribution to improving the quality of life for people in West Suffolk. The information you provide will help us consider your application. If you have any questions, please give us a call on 01638 719763. Before completing this form, we ask you to please read the guidelines, which are available on:

<http://www.westsuffolk.gov.uk/community/community-grants.cfm>

Please return your completed, signed form and supplementary documents to:

richard.baldwin@westsuffolk.gov.uk

1. Name of your organisation(s):

YMCA Suffolk

2. Organisation address details

Address Ln1	2 Wellington Street		
Address Ln2			
Address Ln3			
City/Town	Ipswich	Postcode	IP1 2NU
Main phone	01473 252456	E-mail	admin@ymcasuffolk.org.uk
Website			

Main Contact Person		Second Contact Person	
Title	Mrs	Title	Ms
Forename	Fiona	Forename	Vicky
Surname	Radnor	Surname	Cairney
Role	Community Projects Manager	Role	Director of Business Development
Daytime Tel No.	01473 252456	Daytime Tel No.	01473 252456
Mobile No.		Mobile No.	
Email	Fiona.radnor@ymcasuffolk.org.uk	Email	Vicky.cairney@ymcasuffolk.org.uk
Address Details (if different from Org address)		Address Details (if different from Org address)	
Ln1		Ln1	
Ln2		Ln2	
Town		Town	
Post Code		Post Code	

About your organisation

3. What local authority area(s) does your organisation work in?

Suffolk County Council, St Edmundsbury, Ipswich Borough council, Waveney
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*Community Chest funding is offered by both Forest Heath and St Edmundsbury councils. As the decision making process is different any projects applying for funding across West Suffolk, must apply separately.

4. What is the status of your organisation?

Registered charity	X	Charity number: 1077084
Applying for charitable status		
Company limited by guarantee	X	Company number: 3558181
Community Interest Company		
Part of a larger regional or national charity (Please state which one)		
Constituted Community Group		
Social Enterprise		
Other (Please specify)		

5. How many people are involved in your organisation?

Management committee	7	Service users	750+
Full Time staff / workers	60	Volunteers and helpers (non-management)	40
Part Time staff / workers	36		

6. What is the purpose of your organisation? Please briefly describe why your organisation was set up, its aims and objectives and who primarily benefits from your organisation.

<p>YMCA Suffolk supports children, young people and families locally by delivering programmes and achieving positive outcomes. The services that are provided include accommodation services for sixteen to twenty five year olds, health and wellbeing programmes, childcare and youth.</p> <p>The YMCA excels at delivering outstanding programmes, therefore creating our vision 'to help all young people realise their potential to belong, contribute and thrive', inspiring them to develop in mind, body and spirit.</p>
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7. What was your organisation's total income for last financial year?
8. What was your organisation's total expenditure for last financial year?
9. Does your organisation have more than six months running costs? Yes / No
10. What are your organisation's current unrestricted reserves or savings?
11. West Suffolk prioritises building resilient families and communities that are healthy and active. Please indicate which of the following areas your project contributes towards:

	A thriving voluntary sector and active communities who take the initiative to help the most vulnerable.
X	People playing a greater role in determining the future of their communities.
X	Improved wellbeing, physical and mental health.
	Accessible countryside and green spaces.

About your project – why are you applying for this funding?

12. What do you want the funding for? Please be specific. Please note that 'project' is meant to describe the project for which you are seeking funding, and not your organisation.

The project will see the On the Spot van become a hub to the young people within the community. It will provide opportunities to gain advice, engage in fun activities with peers, make new friends, take part in new activities, signposted to further organisations and make a difference in their community.

The project will do this by delivering outreach youth work; where they can seek information regarding sexual health, housing, drug and alcohol misuse as well as opportunities to play games, mix music, play outdoor sports and more.

There will be an additional open access youth led volunteering project engaging young people in practical social action which makes a difference to others, creating positive change for themselves and their community. Activities range from developing local volunteering opportunities, intergenerational activities, instigating change for the community through fundraising and non-political campaigning/advocacy, with peer mentoring key throughout. This has double benefit, giving young people life opportunities to develop their skills and transform their character whilst at the same time creating positive change within their community. To celebrate their achievements the young people will be supported to feed into the SAY website and newsletter, this will also enable the young people to disseminate the work being completed within their community.

The project will deliver services within Haverhill, Bury St Edmunds, Ixworth, Kedington,

Wickhambrook, Barrow and Stanton. The project will employ two youth workers who will deliver 6hrs outreach youth work in Haverhill. There will be a 30 hr project coordinator post and a 10hr youth worker post who will deliver the open access volunteering project in Haverhill, Bury St Edmunds and the villages. There is an additional 3 hrs for management time, cover and our volunteer coordinator.

13. How has the project been developed out of the community's desire to improve the lives of local people? What evidence do you have that there is a need for this project? Please include sources of evidence, including any public/user/community consultation.

YMCA Suffolk has facilitated the use of the On the Spot van for the last 1yr and half. Within this time it has employed 3 youth workers to deliver sessions within Haverhill and the surrounding villages. We have worked directly with 500 young people, with each session we have recorded conversations held, support given and the issues challenging the young people daily. We have found that although the work delivered has been positive and effective it has been clear the On the Spot van is not being utilised to its fullest. We have also completed staff evaluation as to which villages have benefited the most from having the On the Spot van visiting.

Consultation over the period of June 2015 – September 2015 with 180 young people completed in Haverhill, Ixworth, Barningham, Stanton, Risby, Barrow, Wickhambrook, Clare, Kedington and Hopton has given extremely positive feedback with regards to the On the Spot van with 90% expressing the service as excellent. We have found 100% of those consulted have had a positive interaction with youth workers. 63% of the 150 consulted in the Haverhill area have expressed the youth facilities available to them are awful. Feedback received from Councillors has also been positive.

Young people who have had informal discussions as well as formal consultations have expressed a desire to make changes in their community, to work with other young people to achieve a desired outcome. They feel they are 'the forgotten generation'.

The evaluations of our recent youth projects in West Suffolk show that having a safe supportive environment to engage in positive activities significantly reduces engagement with negative influences, improve wellbeing and as a youth led project, the young people will feel empowered and valued within their community.

14. How will the project help local people to support one another?

This project will develop the young peoples' ability to empathise with others, nurture feelings of pride within their community and cultivate feelings of self-worth, confidence and self-esteem. It will challenge young people to decisively shape and influence socially impactful activities within the community, fostering mutual respect between generations. Young people can be change makers and leaders in their local community through this project.

Volunteering experiences will build skills to prepare the young people for future training and employment opportunities, reducing those who are NEET, and embedding robust pathways to sustained social action. Evidence from current YMCA projects demonstrates that informal learning experiences build confidence and aspirations, encouraging lifelong learning in school and beyond. Through peer mentoring, the project can be replicated and adapted for generations in the future, positively changing the whole community for the better.

Challenging young people to identify ambitions gives them personal goals to work towards and achieve. They then become positive role models for their community.

Having aspirations and confidence enables young people to make changes to their lives that will result in a better future for them and the community they live in. This reduces costs to the public purse and improves employment figures.

Staff will support and guide young people who will direct the project, giving them ownership over it, recognising how their contributions are impacting positively on their community. They will be able to lead and see change, creating a sense of pride and reducing negative or antisocial behaviour.

15. Are you working with any other organisations on this project? **Yes** / No

If yes, please state the names of these groups and the nature of the relationship.

Secondary schools within Bury St Edmunds, Haverhill and feeder schools to the corresponding villages. We will also work with businesses, local charities and trusts. The open access youth led volunteering will work with the above to deliver workshops within the schools as well as providing support to organise events and fundraisers. They will volunteer within care homes providing gardening support, making cups of tea or spending time with residents and more.

16. When will the project start?

01/04/16

17. When will the project finish? or is the project ongoing?

If this is an ongoing project, how will it be funded and continue going when the funding ends?

18. Which years funding are you applying for?

19. How many people do you expect to benefit directly from the project on either a weekly, monthly or annual basis?

20. What results (including targets/numbers) do you expect to see as a result of the funding and how do these relate to the Community Chest funding criteria?

Improved wellbeing, physical and mental health.

- 150 participants will have increased confidence and self-esteem.
- 200 young people will have increased resilience.
- 150 participants will experience reduced social isolation by engaging in new social networks and activities.

People playing a greater role in determining the future of their communities.

- 200 participants will volunteer with events/activities in their relevant community.
- 40 participants will add information to the SAY website and newsletter and add information to the YMCA Suffolk newsletter.

21. What is the total cost of the project?

Please provide a full breakdown of the total cost of this project, including VAT if applicable along with any in-kind contributions such as volunteer hours.

Item or activity	Cost (£)
Phones	960
Postage	240
Materials	3600
Refreshments	600
Equipment	500
Computers	600
Staff adverts	600
Signage	150
Publicity and advertising	700
TAX/MOT/Insurance	2964
Spares and repairs	658
Maintenance/tracking/internet	3468
Staff expenses	3720
Staff training	800
Volunteer training	3400
Uniform/badges	250
Volunteer expenses	960
Fuel	2400
Salaries	69,384
Total cost of items listed above:	95,954

22. How much funding are you applying to us for?

23. What funds have you raised so far for this project?

Source	Amount (£)
Sleep Easy raised by YMCA Suffolk	10,000
Total fundraising:	10,000

24. What other funders have you applied to for further funding for the project?

Funder	Amount (£)	Timescale for decision
Total:		

25. What other grants and contracts has your organisation received over the past year from either Forest Heath District Council or St Edmundsbury Borough Council?

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Funder	Amount (£)	Reason for funding
Total:		